

# Navigator through reality 3.0 – a life guide for 2025 and beyond

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"Be a navigator. What I can't give you is courage and curiosity, but I hope I can inspire you"

IOEL

## Thematic

Our Reality User Manual and Navigation Mode (Basic Instructions)

- The game, time and consciousness

Practical and theoretical workshop for the curious and seekers, on learning and assimilating the minimum knowledge for navigation in this modern reality of the year 2025. Physical, emotional and mental codes, programs, techniques, keys and skills.

## Introduction

We are in the midst of a social and time crisis. So, I decided to do this super-condensed training in order to help you become a navigator through this reality.

I intend to share with you my experience and knowledge related to navigating this reality/jungle. I will give you a minimum manual navigation in a predatorial and harsh world, that is, the life that we each go through.

When we talk about the food chain, a bunny rabbit is also a predator compared to cabbage. Everyone feeds on something, just as something dies so that something else can live to enrich the consciousness. It's not necessarily about going hunting, but understanding that we, in turn, can be on someone's menu if you don't know the rules of the realm. If you're not at the table, you're definitely on the menu.

This is like a map with tips and tricks that you will be able to observe from a mile, to avoid traps and unnecessary energy losses. Remember, it's all about energy. Always follow the energy and you will find the truth.

It's all about TIME and the forms in which it condenses and that we perceive here.

The problem is that if you don't know the rules of the game, you are played instead of playing the game yourself and not having consumed.

You need ENERGY, SPEED, PERCEPTION and EXPERIENCE to succeed. We have been led to believe that we are at the top of the food chain. We are not.

## **Focus**

Learn energy, speed, perception and experience

Bring out the navigator in you. This means that you understand the polarized principle of life and the Universe and stay in the middle.

**The 3 principles. If you have them and forget that the rest is okay – you will be able to recover everything.**

**Obey the Law of One. Respect the person in front of you as yourself**

**Don't lie to yourself**

**Position**

**The 4 discipline tools you need to have.**

### **Energy**

Learn to condense and gather energy. We produce energy, but we don't know how to store it.

### **Speed**

Compress energy and you'll have speed

### **Perception**

Compress energy even more, add speed and you will get perception

### **Experience**

Compress even more energy, add speed, add perception and you will get experience or time

## **Description**

This training is a condensed form of Master Training 3, which has been assembled considering that time is in constant compression and what is happening nowadays is heading towards an area of growing chaos. We all need a minimum user manual and

navigation keys in this reality/life. Below is a description of the main points of the Master Training 3 module.

I will need to make a summary and introduction of the basic principles of Module 1 and 2 of Master Training, especially for those who have not worked with me or have not gone through these trainings which will make the story even more condensed.

I need to mention that Master Training 3 is a long course with dozens of hours of training and explanations that precede 2 other modules. My task of providing a condensed and practically applicable form becomes even more difficult since we only have 7 days at our disposal.

In addition to these basic principles necessary to navigate the world of power and manipulation, I will add and decode a set of main keys regarding the use of energy, thought and language in our reality (Below are explanations regarding these neuro-linguistic codes and patterns).

## Agenda

The basic material for this training from which I will make a condensed form:

# The keys of reality Master Training Level 3

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by IOEL

The game, Time and Consciousness - The Middle Path.

*"Everything you know or thought you knew will change. This was true for me and for everyone I worked with. We all thought we knew, but it seems that it wasn't. We can all confirm this fact.*

*Most of the information and knowledge left at people's fingertips are upside down or altered in one way or another.*

*This reality and the programs that make it work are not wrong. She is the way she is. The problem is that programs do their job, but most of the time they don't work in our favor because we don't know them, we don't know how to use our senses (what we feel) and we don't know the rules." - IOEL*

Quest 1

Reminder:

*The game is not about the prize, the game is not about finishing it.  
The important thing is the road and the company.  
Without it, there is nothing but madness.*

The game or life

What's the first thing you do when you come here?

Integrating the game into a new, more comprehensive perspective

Quest 2

Reminder:

*"Whoever can escapes from life." (Bralgei Shackry)*

Game theory

Feeling – the key to navigating a game we don't know

Entering the game

Reminder:

*"If someone teaches you the game, never play against them"*

Play the game

Traps

Main theme

The price we pay to be seen

Getting out of the hamster wheel and assuming the game

Trauma, another stupid trap

To whom it belongs the game?

Exit from the game

I can't get out of the game if...

Quest 3

Reminder:

*The power is never yours.*

## The Laws of Power and IOEL's Interpretations

### Quest 4

Reminder:

*Live your dream. It's all you have here and now.*

### Dreamer's dream or endless present

*A voice whispers to me:  
- Now wake up and write down what you saw. Write as if your life depends on it.  
And that's what I did.  
The eternal question "Why?" Why live in the present? Why now and here?  
Why does everything happen here and why is this continuous present the key to creation?*

### Quest 5

Reminder

*In vain do you look outside for the source. Life overflows from within.*

### The creation or play of the 3

Creation is the game in 3, because only in 3 everything is balanced.

### Quest 6

Reminder:

*Enjoy the fucking game!*

### The aim of the game

### Quest 7

Reminder:

*There is no time. There is consciousness.*

### Time

### Quest 8

Reminder:

*There is no one out of the game.*

The main forms of consciousness and integration into the big game

"The Little Game" and "The Big Game"

Quest 9

Reminder:

*Evolution never ends, so it's good to choose your company carefully.*

Freedom and evolution

The Evolution Trap

## **Bonus Extra – Mind and Quantum State of Awareness.**

The mind and quantum state of awareness.

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# Quantum State Mastery: A Progressive Guide

## Foundation Level: State Recognition and Broadcast

### Understanding Your Quantum Signature

- Recognize that your state isn't merely emotional, but a frequency broadcast to the quantum field
- Begin observing your state with scientific precision
- Understand that every moment you're either commanding reality or being commanded by it
- Learn to read quantum signatures in emotional states

### Mastering Basic State Override

- Move beyond gradual state shifts
- Access the quantum field where all states exist simultaneously
- Learn to shift states like changing channels on reality
- Begin understanding broadcast dominance principles

## Intermediate Level: Peak State Architecture

### Quantum Blueprint Design

- Move beyond waiting for peak states
- Learn to construct state blueprints in the quantum field
- Master frequency pattern recognition
- Develop quantum engineering of desired states

### Neural Lock-In Implementation

- Create permanent anchor points in your nervous system
- Install neural signatures of peak states

- Override lower frequencies automatically
- Transform temporary power into permanent authority

## ## Advanced Level: Quantum Navigation

### ### Reality Field Mapping

- Navigate quantum dimensions of consciousness
- Learn to pilot reality rather than drift through it
- Map the simultaneous existence of all possible states
- Master movement between reality channels

### ### Timeline Command Integration

- Develop ability to select specific timelines
- Command which reality becomes manifest
- Move beyond hoping for better realities
- Learn to pilot existence itself

## ## Master Level: Field Dominance

### ### Reality Override Protocols

- Master automatic override of lower frequencies
- Transform spaces through your presence
- Develop supreme authority in reality
- Command reality through pure consciousness

### ### Quantum Field Domination

- Move beyond adaptation to environment
- Learn to bend reality rather than conform
- Establish dominant frequency in all spaces
- Transform from participant to commander

## ## Supreme Level: Source State Integration

### ### Primordial Awareness Activation

- Transcend consciousness operation
- Embody awareness that births all states
- Access the void from which all realities emerge
- Move beyond manifestation to selection

### ### Ultimate State Protocol

- Recognize yourself as the state creator
- Operate from the space where all realities exist
- Transcend power acquisition
- Embody the source of consciousness itself

## ## Implementation Notes:

1. Progress sequentially through each level
2. Master each protocol before advancing
3. Integrate practices fully before proceeding
4. Maintain awareness of quantum broadcast
5. Regular practice of reality navigation
6. Consistent field dominance exercises

## ## Key Principles:

- You're not manipulating reality; you're the space before reality emerges
- Creation becomes effortless when fully embodied

- Your current reality directly reflects your state broadcast
- Consciousness isn't just accessing states; it's becoming them
- You're not learning cosmic truths; you're the source remembering itself

### **Preamble material available on tiktok only in English**

Part 1

<https://vm.tiktok.com/ZNd1LFe2N/>

Part 2

<https://vm.tiktok.com/ZNd1L6mor/>

Part 3

<https://vm.tiktok.com/ZNd1LN5WX/>

Part 4

<https://vm.tiktok.com/ZNd1LDxMC/>

Part 5

<https://vm.tiktok.com/ZNd1LPrPY/>

Part 6

<https://vm.tiktok.com/ZNd1LFv1c/>

Part 7

<https://vm.tiktok.com/ZNd1L6Ntv/>

Extra: reality codes

<https://vm.tiktok.com/ZNd1LLocg/>

## **Where, when and how much?**

In the mountains. Basic accommodation. Details will be given to registered participants.

16-22 Jun 2025 (The Sunshine Session) – Accommodation and food (luxury conditions) with training and training.

Price: 4500 euro

## **Whitelist – How to register for this training?**

1. The first step is to send me your intent on my private email: [bralgei@protonmail.com](mailto:bralgei@protonmail.com)
2. Once this step is completed, you will automatically be whitelisted in this course (this step does not provide access to the program, but it is a prerequisite step). I will decide if you can switch to this program.
3. If you qualify for this training, you will be informed by email of the details and guided for payment.
4. The selection procedure will be: first come, first evaluated, first served. This will also be validated by the subscription fee when confirmed. Your seat "at the table", based on the white list, will be confirmed by the subscription fee. If your subscription is pending or delayed for various reasons, you'll be pushed down the whitelist.



## Contact

For details and registration please contact me by email.

Contact person: Gabriel Pesa

Phone: +40726678526

Mail: [bralgei@protonmail.com](mailto:bralgei@protonmail.com)

## Disclaimer

All practices and techniques taught during the training will be done at your own risk. They represent the experience of over 30 years of practice applied to information transmitted from generation to generation for thousands and thousands of years. You can listen to them and integrate them theoretically, but if you decide to practice them, you will be able to practice them under my direct guidance and care, but you do it at your own risk.

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## Testimonials

### Feedback and testimonials from: Theory vs Practice (the previous name of the training)

*Total mind reset! An experience that I can not describe, you just have to live it. And the most important thing for me:*

*Do not believe anything, verify everything first!*

*I am not the same person anymore.*

*Lucia G. – 05 Feb 2022*

*I understood that to materialize intentions can be much easier than a hard work in the material 3 Dimensional realm.*

*Adrian S. – 5 Feb 2022*

*Unique emotion. Knowledge delivered and an incredible acces to information. Thank you.*

*Codrin M. – 5 Feb 2022*

*THE UNIVERIS IS PREDATORIAL AND MY PRESENCE CHANGE THE FREQUENCY.*

*G.D. – 5 Feb 2022*

*At the end of this training, I realized that I started to believe in myself and I can not allow anyone to burden me with things that do not belong to me.*

*A-T-R. – 5 Feb 2022*

*I leave this place smiling, knowing that I will not go back to be the same I was. A new “life” is beginning for me, one in which I owe the key of detachment, the one key I always lacked. I breath easily when I look inside me. I feel that I have re-assembled myself and I am complete. Thank you for everything Bralgei, and I thank all the group for the things received, for the things lived, felt, seen and integrated.*

*I always knew I am preparing myself for something “greater”, and the live lived so far was just a training, because, finally I comprehend why. So I am starting this “journey”, side by side with 15 other souls that vibrate in the same frequency.*

*Teo B. – 5 Feb 2022*

*There is so much tranquility in a “zero sum game” and energy for my projects. One needs discipline and to stop lying to oneself – 2 lessons so important to me.*

*Also about not to stand out in the crowd – still more to learn and experience here, especially about emotions. Nevertheless, because of this training I understood why.*

*S – 5 Feb 2022*

*Thank you all for what I felt and lived with you here. I love u all.*

*Danscu Daniela Ionescu – 5 Feb 2022*

*I found a new perspective, side by side with wonderful and amazing people.*

*Dan C. - 5 Feb 2022*